

Instructions for Finding Blue Shield Participating Providers

Rambus – effective 1/1/2020

Shortcuts:

PPO & HDHP:

blueshieldca.com/pponetwork

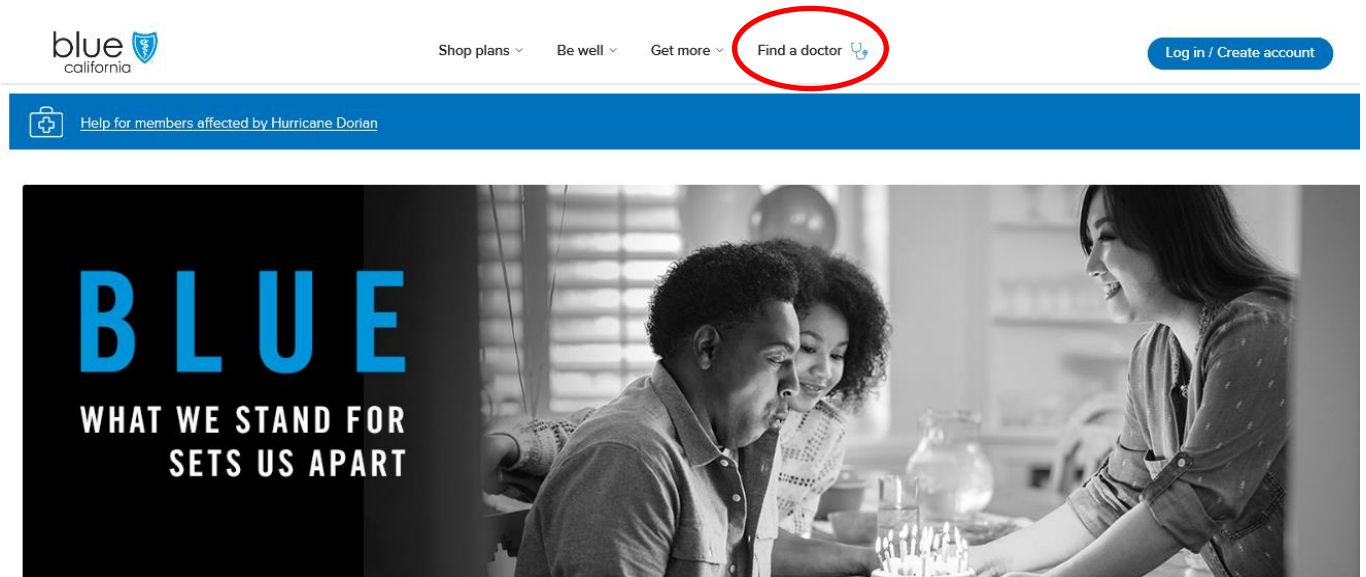
Chiro/Acupuncture:

www.ashlink.com/ash/ashco.aspx?hp=BSCA

You may also call Member Services by phone:

- PPO and HDHP Member Services number: (855) 599-2650 – 5am to 7pm PST
- American Specialty Health (ASH) – (800) 678-9133 – 5am to 6pm PST
- Outside of California – (800) 810-BLUE (2583) – 24/7

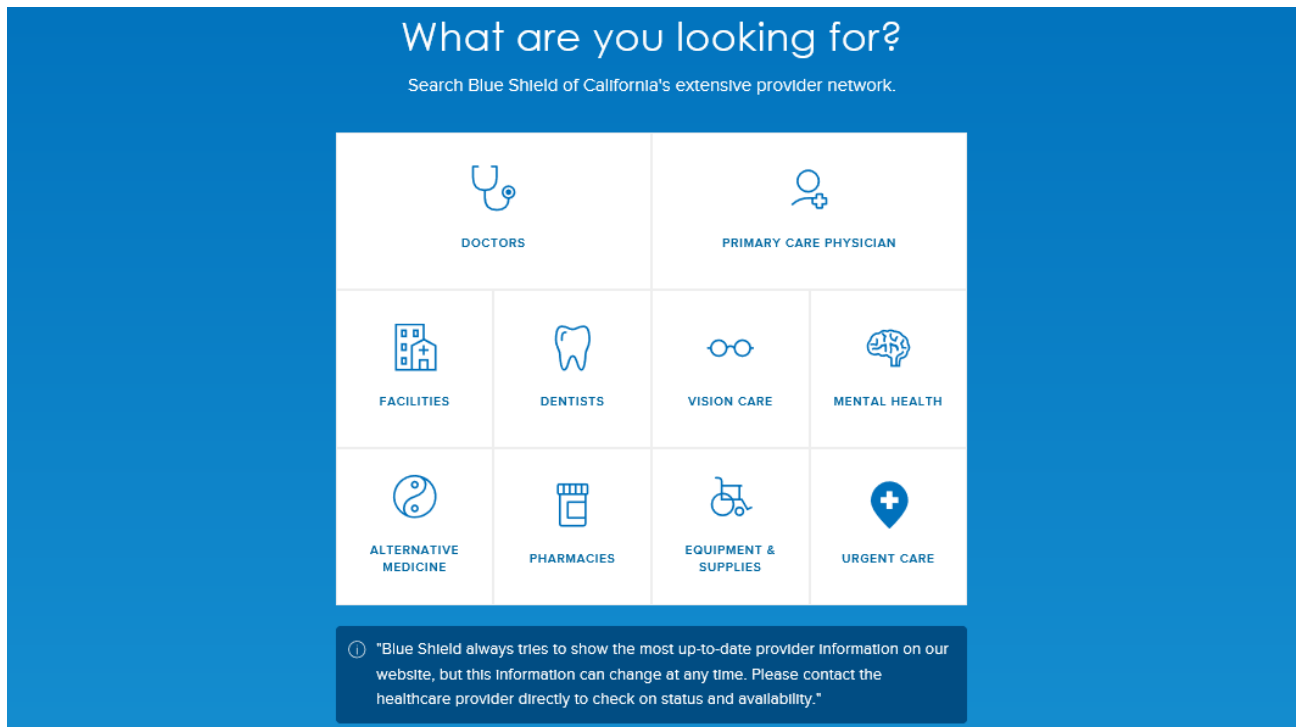
1. Go to blueshieldca.com
2. Click on Find a Doctor



3. California Providers

Select the type of provider you're looking for (doctor, facility, mental health, etc.)

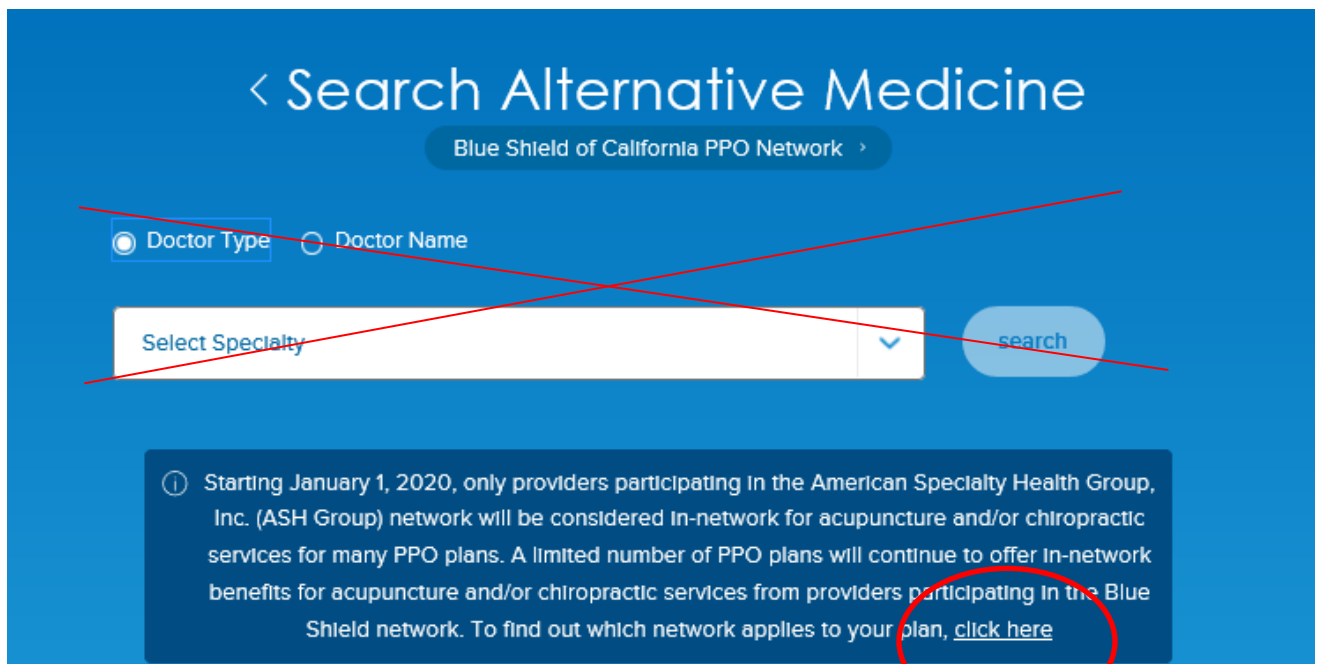
- Mental Health providers with Blue Shield's vendor, Magellan (MHSA)
- Alternative Medicine (chiropractors, acupuncturists) with American Specialty Health (ASH)



4. California Chiropractors/Acupuncturists with American Specialty Health (ASH)

Select - Alternative Medicine

PPO and HDHP members - In the banner below, click here



5. California PPO and HDHP plans - The next screen will bring you to the ASH transition screen.

Select Search ASH network

American Specialty Health network transition

Starting **January 1, 2020**, for select PPO plans, the provider network for acupuncture and/or chiropractic services will be changing to the American Specialty Health (ASH) network.

HMO members – your acupuncture and chiropractic benefits are already administered by ASH.

Plan types affected by the transition

The plan types below will be affected if they include coverage for acupuncture and/or chiropractic benefits. Check your plan documents to verify what is covered.

- **Individual and Family Plans (PPO)**
- **Small group employer plans (PPO)**
- **Mid to large group, fully insured* PPO plans**
Including Large Group PPO, Premier PPO

Transition will NOT apply to:

- Grandfathered Individual and Family Plans or Small Business plans (those purchased on or prior to October 23, 2010)
- Federal Employee Program (FEP) PPO plans
- Self-funded* or Shared Advantage® plans
- Members from other Blue plans
- Blue Shield's Individual Medicare Advantage Prescription Drug Plans (IMAPD)
- Medicare Supplement plans effective January 1, 2020

ASH network providers

ASH is continually adding providers to their network. We recommend checking back every so often to view the latest listing by searching the ASH network below. You can also ask your current provider if they will be in the ASH network in 2020.

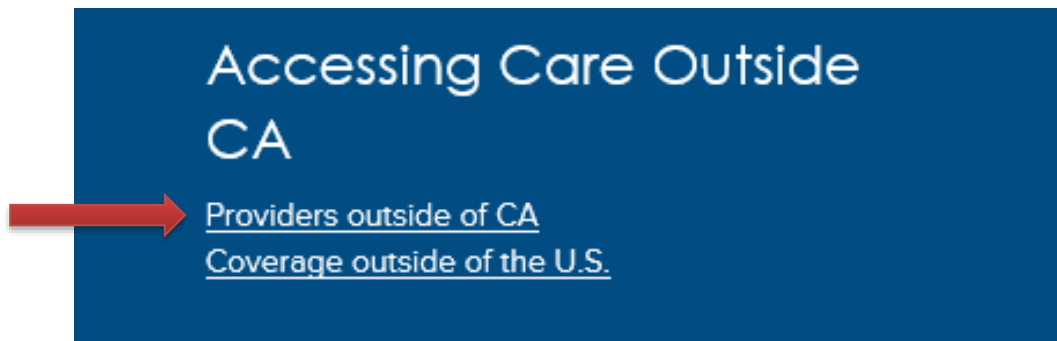
[Search ASH network](#)

If you do not know what type of Blue Shield plan you are enrolled in, please contact us at the customer service number on the back of your member ID card.

6. Outside of California Providers

Scroll all the way to the bottom of the screen;

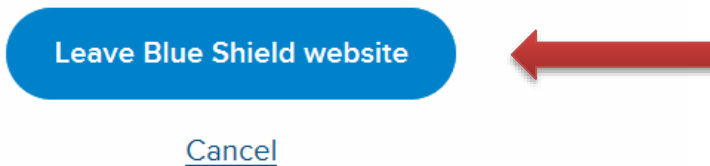
Under Accessing Care Outside CA, click on Providers outside of CA.



7. Click on Leave Blue Shield website.

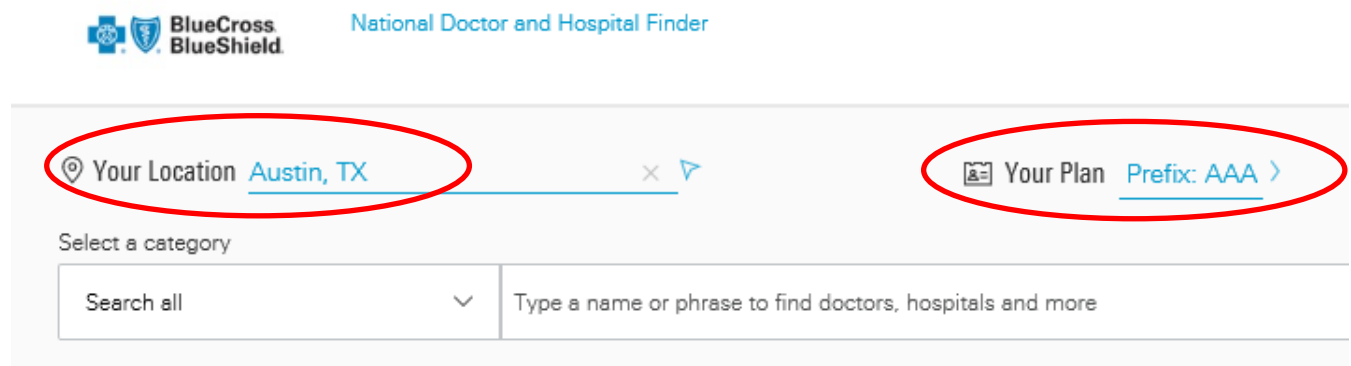
Search Outside California

The selection you've entered is outside of California. To locate out-of-state providers, use the Blue Card Doctor and Hospital Finder



8. Your Location – Enter the city and state.

9. Your Plan – Click on Prefix: AAA. **Enter prefix (RAS)** and click 'GO' (this is Rambus' alpha prefix and the first three letters of your member ID).



10. Or, select by plan name

Enter the first three letters or numbers of your member ID

Or, select by plan name



Click on BlueCard PPO/EPO

Choose your plan to get started

Your state and national plan names are listed on your health insurance ID card. If you need help finding your plan, please call your insurance plan's customer service department.

Or enter member ID prefix

Search by name of plan

Or, browse plans



BlueCard PPO/EPO

No gatekeeper or referral needed. You may choose doctors and hospitals that are in or outside of this network. However, there are significant incentives for choosing in-network providers.

11. Click on All Categories – a drop-down menu will appear (Doctors by name, Doctors by specialty, etc.). You can also do an advanced search.



National Doctor and Hospital Finder

Home Settings

Your Location Chicago, IL

Your Plan BlueCard PPO/EPO Reset

Select a category

All Categories

Search for doctors, hospitals and clinics by name or specialty.

Advanced Search

We're here to help. If you need assistance, please call the number on the back of your ID card.